

One Stroke at a Time

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This book is a collaboration between an uncle and a nephew, a psychiatrist and an artist, brought together through a moment that changed how the body could move, and how time could be shared.

After a stroke, drawing became a way to begin again.

These pages hold some of the first marks made in that process. Simple lines, repeated gestures, moments of pause. In response, color was added. Not to complete, but to accompany.

What emerged is a practice rooted in care. A way of working together across difference, across generations, across shifting abilities. The roles of patient and practitioner soften here. What matters is the act of making, and the presence it requires.

This is not a book about perfection or skill. It is an invitation to engage with what is in front of you, to follow a line, to respond, to sit with what unfolds.

Begin wherever you are.

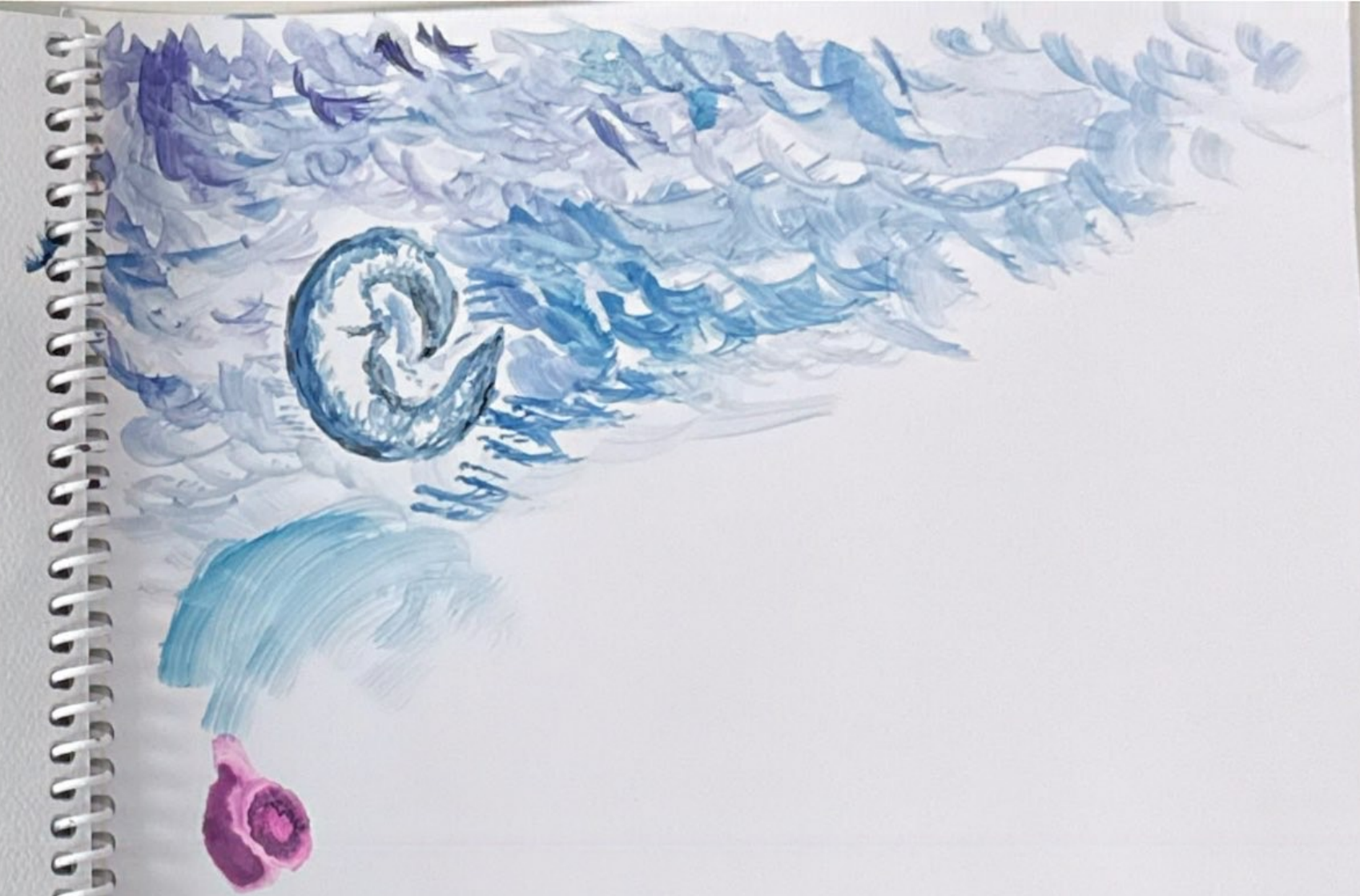








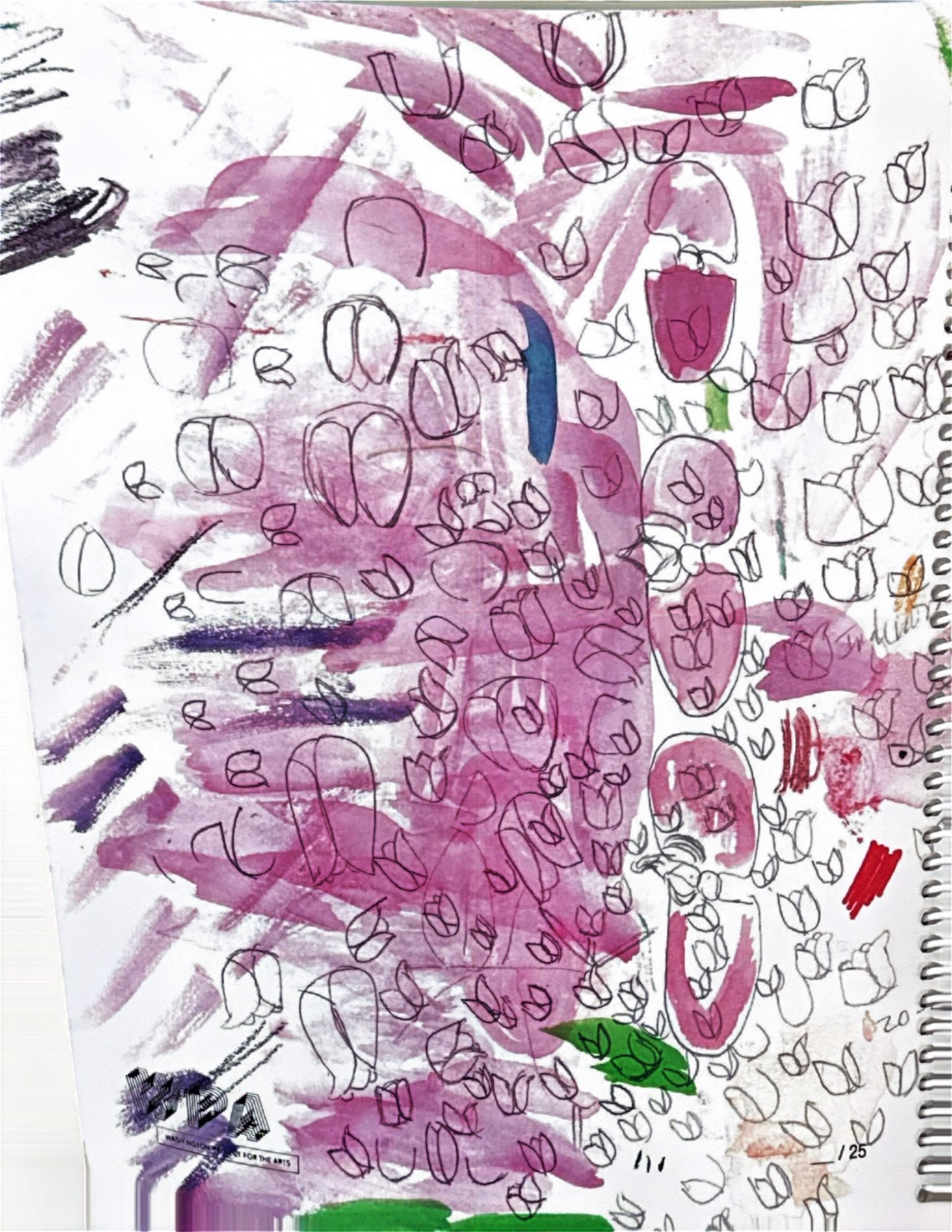




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— of 25.

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WASH YOUR FACE FOR THE ARTS